

## **Jump Rope Club & Athlete Memberships**

There are three levels of government of jump rope in Canada: Club, Provincial and National. Each level provides specific services and each needs to be supported and compensated for those services.

### **Membership with Rope Skipping Alberta**

- ✓ Engages a provincial governing body which generates unity and communication between clubs, including coordinating provincial meetings, newsletters, workshops and competitions.
- ✓ Creates provincial direction.
- ✓ Encourages growth and mentorship between new and established clubs.
- ✓ Provides a program to introduce the sport to entry level coaches and potential coaches; and financially supports the program so it can be available to interested communities.
- ✓ Coordinates the provincial judges training program and shares the cost of delivery.
- ✓ Provides leadership and representation at the National level.
- ✓ Represents the sport at the provincial level, working for the benefit of the membership.
- ✓ Seeks out and creates educational opportunities for athletes, coaches and parents.
- ✓ Seeks fundraising opportunities.
- ✓ Provides leadership and coordination when the province hosts the National Championships.

### **Who needs to be a member of RSA?**

Anyone entering the practice or competition floor is required an RSA membership. That includes athletes, all coaches, managers, parent volunteers and helpers, and judges.

In order to participate in sanctioned Rope Skipping Alberta events, members must also sign a waiver/release form. All forms are to be kept on file by the provincial organization.

### **Full Membership**

Athletes competing at any Provincial Competition require FULL Membership. Administrative support such as Coaches, Managers, Judges, Volunteers and Helpers also require FULL Membership with RSA Association. FULL Memberships are \$15 per year.

### **Recreational Club Membership**

Recreational Club Membership permits club athletes and coaches to participate in Provincial workshops and camps, provided they also maintain the proper Insurance through RSC. Recreational Memberships are \$25 per club, per year.

**Note:** Some clubs, carry a combination of RSA memberships – competitive athletes, coaches, judges and volunteers have FULL membership; Recreational athletes and Recreational Coaches are members by virtue of the \$25 recreational blanket membership.

### **How to Apply for RSA Membership:**

#### **1. Complete the RSA Athlete Registration Spreadsheet**

*Email to: ropeskippingalberta.board@gmail.com*

#### **2. Complete the RSA Membership Waivers, submit to RSA Association**

**Mail to: Rope Skipping Alberta**

*#102, 4709-51 Ave*

*Leduc, Alberta, T9E 6Z6*

#### **3. Mail a Club Registration cheque, payable to “Rope Skipping Alberta Association” to:**

**Mail to: Rope Skipping Alberta ~ Treasurer**

*c/o Karen Luger*

*Box 425*

*Redwater, Alberta, T0A 2W0*

**Registration deadline is November 22, 2016**

If you have any questions regarding RSA membership options or other topics please do not hesitate to contact the Board of Directors at [ropeskippingalberta.board@gmail.com](mailto:ropeskippingalberta.board@gmail.com)